ทิศทางการพัฒนา การศึกษาสำหรับ บุคลากรด้านสูขภาพใน ศตวรรษที่ 21

ร.ศ. น.พ. อานุภาพ เลขะกุล
ประธานคณะทำงานพัฒนา
ระบบการผลิตและกำลังคนด้าน
การใช้ยาอย่างสมเหตุผล

Anachronistic Education

- Fragmented, outdated, and static curricula
- Produce ill-equipped graduates
- Mismatch of competencies to society needs
- Tribalism of the professions
- Poor teamwork; persistent gender stratification of professional status

Where is education going?

- From time-based programs to outcomebased programs
- From (lecture-based) teacher centered programs to (holistic task) learner centered programs
- From knowledge orientation to competency-based education
- From competency to entrustable professional activities (EPA)

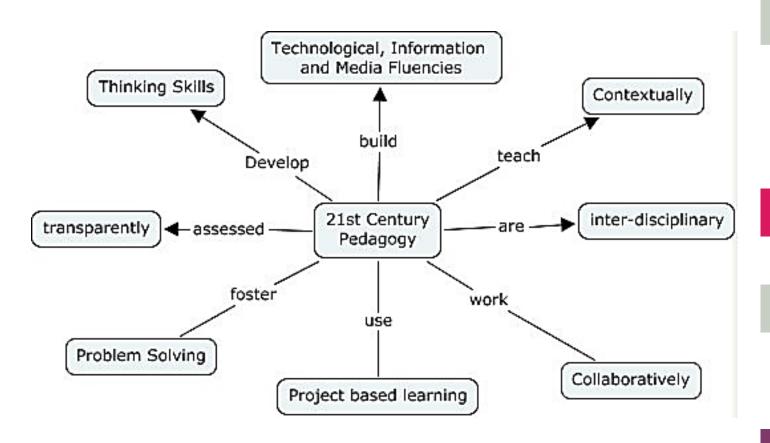
Where is education going?

- From hospital-based education to communitybased education
- From uniprofessional education to interprofessional education
- From classroom assessment to work-based assessment



How can they work together if they don't learn together?

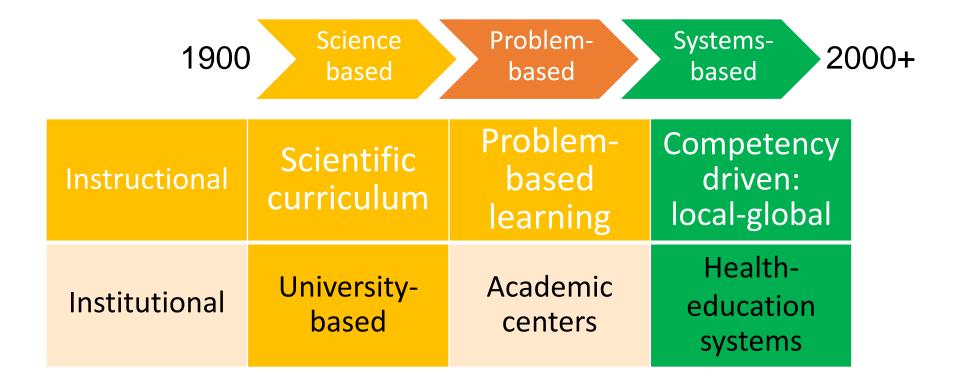
21st Century Pedagogy

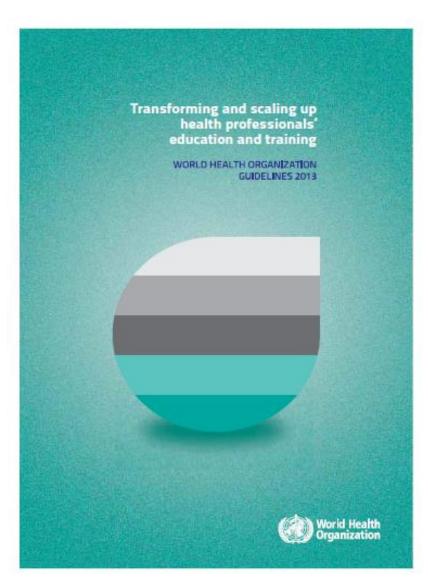




Health Professionals for a New Century *The Lancet*

Three Generations of Reform





Transforming and scaling up health professionals' education and training WHO Guidelines 2013

9 Areas 11 Recommendations

- Faculty development
- Curriculum development
- Simulation methods
- Direct entry of graduates
- Admission procedures
- Streamlined educational pathways and ladder programmes
- Interprofessional education
- Accreditation
- Continuous professional development (CPD) for health professionals

Box 4 Twelve core interventions to promote more rational use of medicines

- A mandated multi-disciplinary national body to coordinate medicine use policies
- Clinical guidelines
- 3. Essential medicines list based on treatments of choice
- Drugs and therapeutics committees in districts and hospitals
- Problem-based pharmacotherapy training in undergraduate curricula
- Continuing in-service medical education as a licensure requirement
- Supervision, audit and feedback
- Independent information on medicines
- Public education about medicines
- Avoidance of perverse financial incentives
- Appropriate and enforced regulation
- Sufficient government expenditure to ensure availability of medicines and staff



September 2002 World Health Organization Geneva

Problem-based training in pharmacotherapy in undergraduate curricula

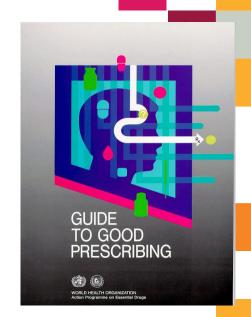
- The quality of training in pharmacotherapy for undergraduate students can significantly influence future prescribing.
- Rational pharmacotherapy training, linked to clinical guidelines and essential medicines lists, can help to establish good prescribing habits.



→ Problem-based training in pharmacotherapy in undergraduate curricula

- Training is more successful if it is problem-based, concentrates on common clinical conditions, takes into account students' knowledge, attitudes and skills, and is targeted to the students' future prescribing requirements.
- The Guide to Good Prescribing describes the problem-based approach, which has been adopted in a number of medical schools.





Essential Competencies in Prescribing: A First European Cross-Sectional Study Among 895 Final-Year Medical Students

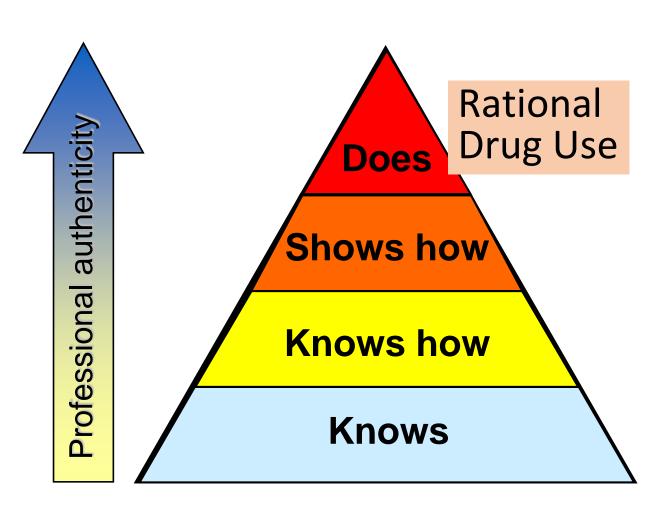
- Basic Pharmacology: basic principles of how drugs act in biological systems including pharmacodynamics, pharmacokinetics and pharmacogenetics
- Clinical Pharmacology: application of pharmacology principles and methods in clinical practice (e.g. adverse drug reactions, drug interactions, errors, adherence and rational drug selection)

Clin Pharmacol Ther 2017; 101(2): 281-289.

Essential Competencies in Prescribing: A First European Cross-Sectional Study Among 895 Final-Year Medical Students

 Pharmacotherapy: process of rational prescribing for specific clinical conditions (i.e. how to choose a specific drug for an individual patient)

Climbing the Pyramid



Challenges

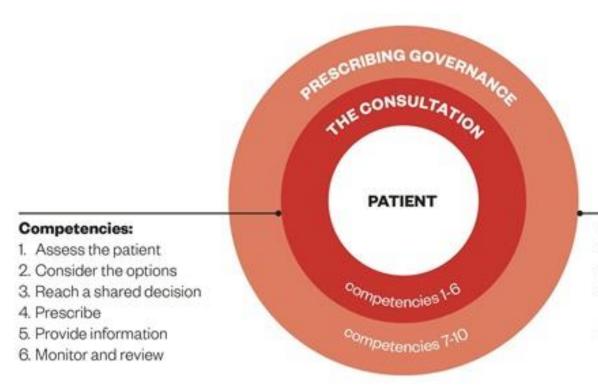
- Continuing widespread irrational prescribing of drugs
- Knowledge alone is not enough to change behaviour
- Many new drugs and second-line drugs are very expensive
- Medical and pharmacy training is still very traditional; with much emphasis on drug knowledge and very little on public health, prescribing skills, drug management and patient care.

Teaching RDU

Program Concepts ("5 C's")

- Teaching should be Clinically cased
- Real Cases should serve as the teaching focus
- Teaching should be Continuous
- Coordinated with the students' other learning objectives
- Creates learning environment of RDU

Prescribing Framework of All Prescribers

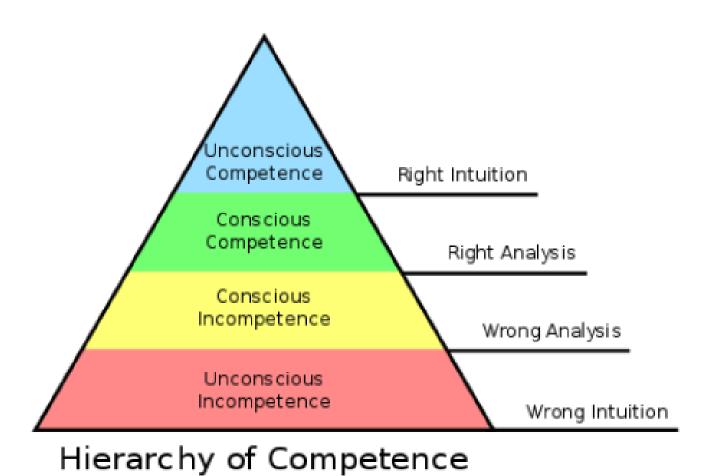


Competencies:

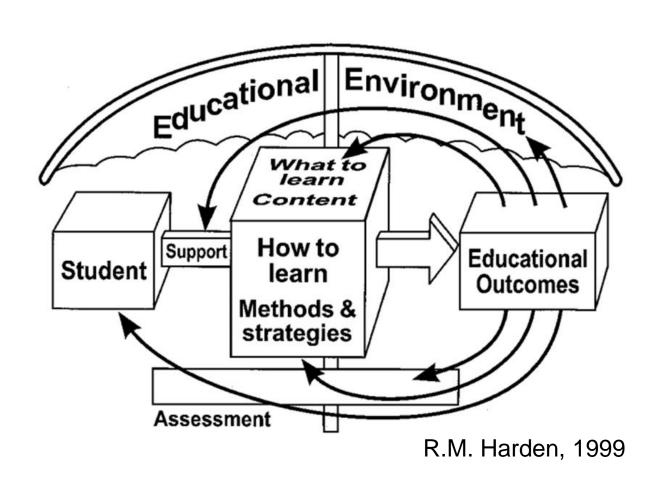
- 7. Prescribe safely
- 8. Prescribe professionally
- Improve prescribing practice
- Prescribe as part of a team



Hierarchy of Competence



Competency-Based Education



Ten Learning Modules for Thai RDU Core Curriculum

- 1. หลักการและความสำคัญของการใช้ยาอย่างสมเหตุผล
- 2. ขั้นตอนการสั่งใช้ยาอย่างสมเหตุผล
- 3. การสื่อสารสำหรับการใช้ยาอย่างสมเหตุผล
- 4. การคำนึงถึงความปลอดภัยของผู้ป่วยในการใช้ยา
- 5. วิกฤตเชื้อดื้อยาและการใช้ยาต้านจุลชีพอย่างเหมาะสม
- 6. เวชจริยศาสตร์กับปัญหาการใช้ยาอย่างสมเหตุผล
- 7. การใช้อย่างสมเหตุผลเพื่อการเข้าถึงยาอย่างคุ้มค่าและเป็นธรรม
- 8. ความร่วมมือแบบสหวิชาชีพในการใช้ยา
- 9. การประเมินหลักฐานทางการแพทย์ และแหล่งเรียนรู้ในการใช้ยา อย่างสมเหตุผล
- 10. การพัฒนาความสามารถอย่างต่อเนื่องเพื่อการใช้ยาอย่างสม เหตุผล

A Competency Framework for All Prescribers

M1 Concepts and Principles	
M2 Good prescribing practice M3 Communication for RDU	 Assess the patient Consider the options Reach a shared decision Prescribe Provide information Monitor and review
M4 Patient Safety M5 Antibiotic resistance and impact	7. Prescribe safely
M6 Ethics and RDU problems M7 Equity and cost-effectiveness concern	8. Prescribe professionally
M8 Interprofessional roles	10. Prescribe as part of a team
M9 Information resources and evidence- based RDU M10 CPD in RDU	9. Improve prescribing practice

Learning Environment

- Role model
- Hospital policy on drug use
- RDU Hospital



Competency-Based Assessment (CBA)

CBA is producing evidence to make a judgment [decision] about whether the person is competent in relation to a particular standard



Philosophy of CBA

- Criterion referenced
 Assessment is against standard, or a set of criteria to establish competency.
- Evidence-based
 A process that matches evidence of competency against a standard.
- Participatory
 Candidates are involved in the process of assessment

Components of CBA

Standards

A standard of competence or benchmark of performance

Evidence collection

Established methods for the collection of evidence of competence

Framework for comparison

Framework for the comparison of evidence against standards to establish performance level

Quality assurance Assurance of quality of process

Assessment

- Needs to be continuous and frequent Formative > summative
- Criterion Based
 Allows for appropriate expectations
 Developmental (milestones)
- Take place in the clinical environment Work-based assessment
- Requires the use of high quality assessment tools
 - One single evaluation may not be perfect Consider the use of multiple tools
- Qualitative approaches to assessment can be valuable

Entrustable professional Activity (EPA)

Units of professional practice, defined as tasks or responsibilities that trainees are entrusted to *perform unsupervised* once they have attained sufficient specific competence. EPAs are, therefore, suitable for entrustment decisions.

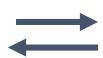
Competencies vs. EPAs

Competencies

person-descriptors

knowledge, skills, attitudes, values

- content expertise
- collaboration ability
- communication ability
- management ability
- professional attitude
- scholarly approach





work-descriptors

essential parts of professional practice

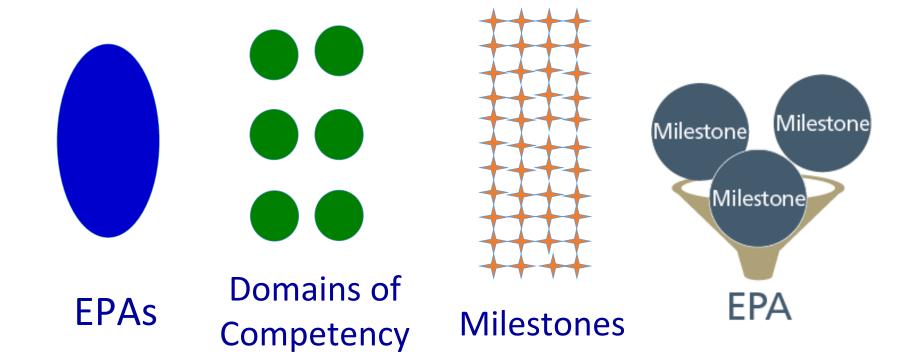


- counsel patient
- good prescribing
- design treatment plan
- perform paracentesis
- resuscitate if needed

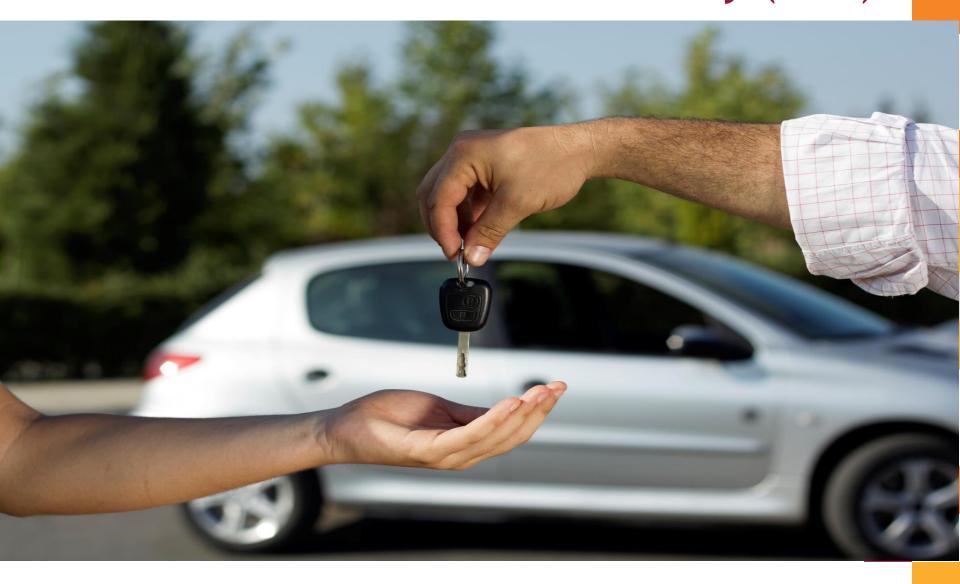


EPAs require multiple competencies

	EPA1	EPA2	EPA3	EPA4	EPA5
Competency1	++	++	+		++
Competency2	+		+	++	
Competency3	+	++			+
Competency4		+	++	++	
Competency5	+		++	+	
Competency6	+	+	+		++



Entrustable Professional Activity (EPA)





True success is not in the learning, but in its application to the benefit of mankind.

ขากสมุดขันทึกวิชาวิทยาขักเตรีของสมเด็จพระมหิตลาธิเบศร อดุลยเดชวิกรม พระบรมราชชนก